

GATE CATERING MENU FOR ISU 2019-2020

2019-2020 Food Choices are strongly influenced by culture on Monday-Thursday.

	Asian	European	North American	South American	Burger/Pizza day
WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chicken Soup	Beef Soup	Broccoli Soup	Pumpkin Soup	Beetroot Soup
SALADS	Chickpea Salad	Celery Salad	Tomato Salad	Seaweed Salad	Italian Salad
	Carrot Salad	Caesar egg Salad	Taco Salad	Russian Potato Salad	Green Salad
MAIN ENTREES	Stir Fried Beef	Spaghetti Bolognese	Crispy Chicken	Bolivian Meat Turnover	Burger
PRIMARY ENTREES	Tsuivan	Beef Meatballs/Sauce	Chicken Noodles	Chicken Burrito	
Vegetarian Dish	Vegetable buuz	Spaghetti Tomato Vegetable	Tofu Vegetable Pie	Pasta with Cheese	Vegetable Burger
Starch	Roasted Potato	Fried Rice		Steamed Rice	French Fries
Veggie	Beans, Carrot	Green Beans, Peas	Carrot, Mixed Vegetable	Carrot, Green Beans	Mixed Salad
Dessert	Rice Cake	Apple Cake	Cheese Cake	Waffle	Chocolate Roulade
WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Seaweed Soup	Bacon Potato Soup	Minestrone Soup	Paraguay's Ground Beef Soup	Potato Soup
SALADS	Mixed Salad	Apple Salad	Kachumber Salad	Egg Salad	Green Salad
	Waldorf Salad	Choban Salad	Paris Salad	Olive and Spinach Salad	Tuna Salad
MAIN ENTREES	Beef Bulgogi	Cajun Chicken	Minced Beef Top Mash	Chicken Quesadilla	Pizza
PRIMARY ENTREES	Asian Fried Rice	Russian Piroshki	Crispy Chicken	Beef Burrito	
Vegetarian Dish	Vegetable Curry	Tofu Vegetable Skewer	Fried Vegetable with Udon	Yellow Bean Stir Fry	Vegetable Pizza
Starch	Steamed Rice	Pasta	Home Made Roasted Potato	Boiled Rice	
Veggie	Carrots, Green Peas	Steamed Veg	Carrots	Hot Vegetable	Mixed Salad
Dessert	Deep Fried Butter Cookies	Éclair	Donuts	Fruit Parlor	Cupcake
WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Carrot Soup	Minestrone Soup	Beef Soup	Chicken Soup	Pasta Soup
SALADS	Green Salad	Caesar Salad	Noodles Salad	Vinaigrette Salad	Greek Salad
	Kimchi Salad	Fruit Salad	Spinach Salad	Seaweed Salad	Pasta Salad
MAIN ENTREES	Fried Salmon with Lemon	Lasagna Beef	BBQ Chicken Wings	Brazilian Beef Stew	Burger
PRIMARY ENTREES	Fried Dumplings	Chicken Nuggets	Pot Roast	Honey Apple Chicken	
Vegetarian Dish	Vegetable Spring Roll	Tofu Vegetable	Cheese Onion Pasta	Spanish Omelet	Vegetable Burger
Starch	White Cabbage	Steamed Rice	Potato Chips	Mashed Potato	French Fries
Veggie	Mixed Vegetables	Steamed Broccoli	Green Beans	Peas, Carrots	Mixed Salad
Dessert	Peach Cake	Brownie	Cheese Cake	Roulade	Waffle
WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Pho Soup	Tomato Soup	Cream Chicken Soup	Corn Soup	Lentil Soup
SALADS	Cucumber Salad	Beetroot Salad	Cabbage Salad	Chicken Salad	Carrot Salad
	Vitaki Salad	Apple Salad	Meat and Spinach Salad	Coleslaw	Tuna Salad
MAIN ENTREES	Chicken Curry	Chicken Drumstick	Beef and Bacon Stew	Fried Fish	Pizza
PRIMARY ENTREES	Teriyaki Beef	Chicken Burrito	Spaghetti Bolognese	Garlic Roasted Chicken	
Vegetarian Dish	Cheese Vegetable Khuusuur	Quiche	Vegetarian Lentil and Mushroom Meatballs	Homemade Vegetarian Chili	Vegetable Pizza
Starch	Roasted Potato	Steamed Rice	Steamed Rice	Mashed Potato	
Veggie	Broccoli, Carrots	Mixed Vegetables	Green Beans, Carrots	Steamed Vegetable Mix	Mixed Salad
Dessert	Raisen Cake	Carrot Cake	Cannoli	Churro	Chocolate Mousse